Customer-First Focus: Blending Design Thinking and Lean Thinking

Alice W. Lee Kimberly L. Eng





Let's Deal With The Work

March 17-18, 2016 | Las Vegas

Learning Objectives



 Understand Design Thinking methods for drawing out user needs and incorporating into the design

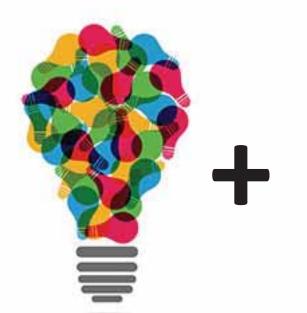
Learn how a blended approach using Design
 Thinking & Lean Thinking provides a better design



Why this approach?



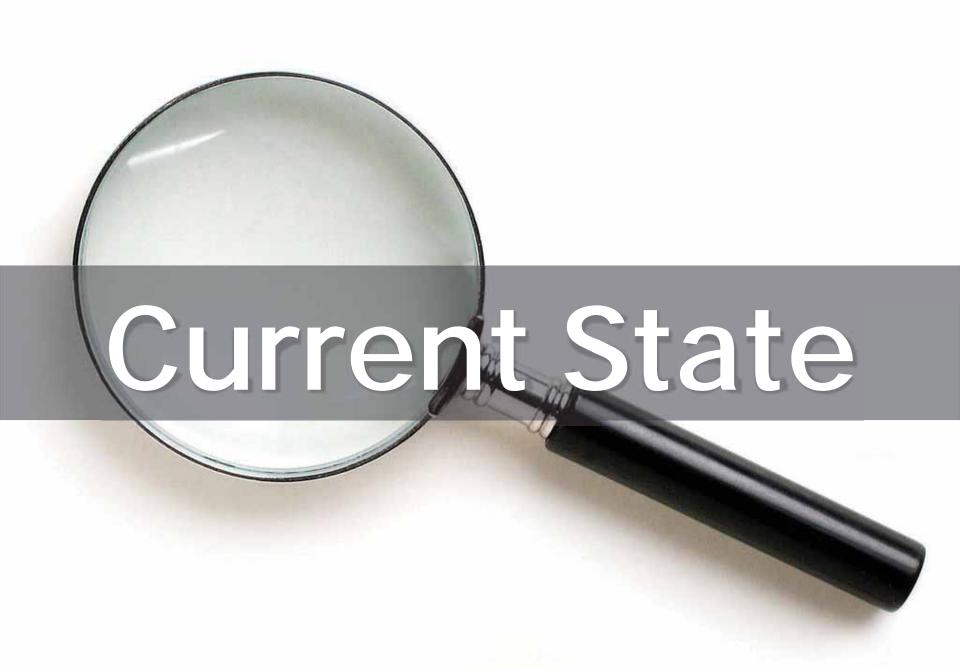
Blend Design Thinking and Lean 3P











Nationally...



Each day, a Primary Care Doctor in the US would need to spend....

10.6 hrs to deliver all recommended care for patients with chronic conditions





= 21.1 hrs per day

Yarnall et al. *Am J Public Health* 2003;93:635 Ostbye et al. *Annals of Fam Med* 2005;3:209

For each Primary Care Doctor...



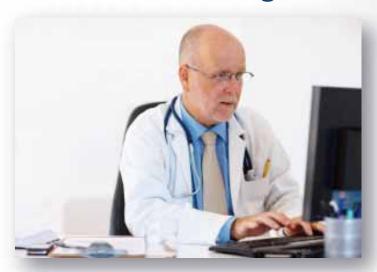
Patient Visits



4,400 – 5,200 per year

Run room to room to see pts

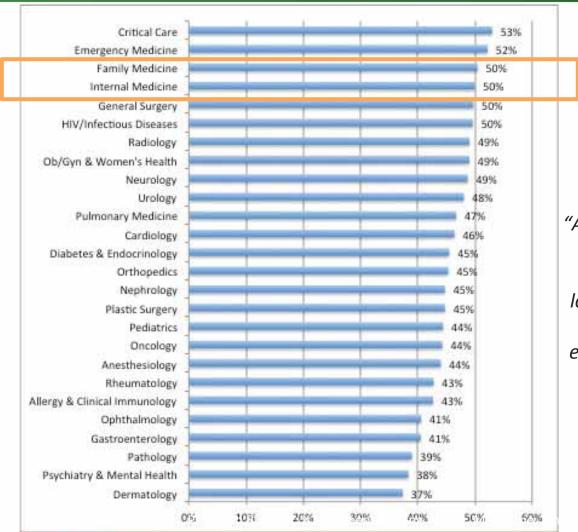
Patient Messages

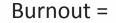


30,000 – 44,000 per year

Tasks are batch & queued

National Perspective Rising Primary Care Doctor Burnout





"An experience of physical, emotional, and mental exhaustion, caused by long-term involvement in situations that are emotionally demanding."



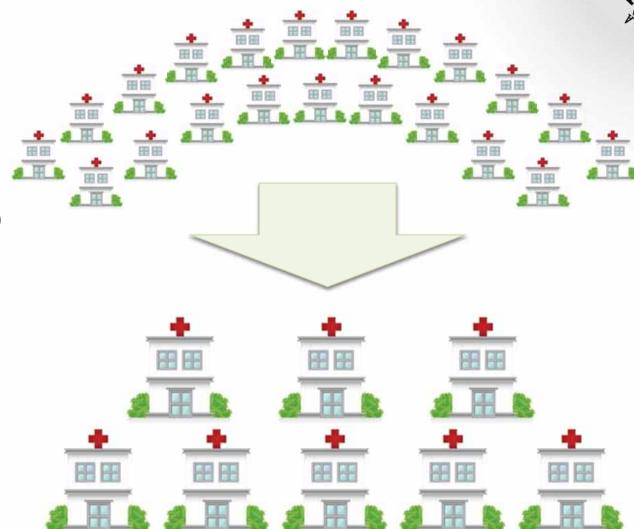
Medscape

http://www.medscape.com/viewarticle/838437

ABC Medical Group

Medical Group

- 500 Physicians & Advanced Practitioners (APs)
- 320,000 patients
- Outpatient primary care and specialty care





The Presenting Problem



4 Questions from Management

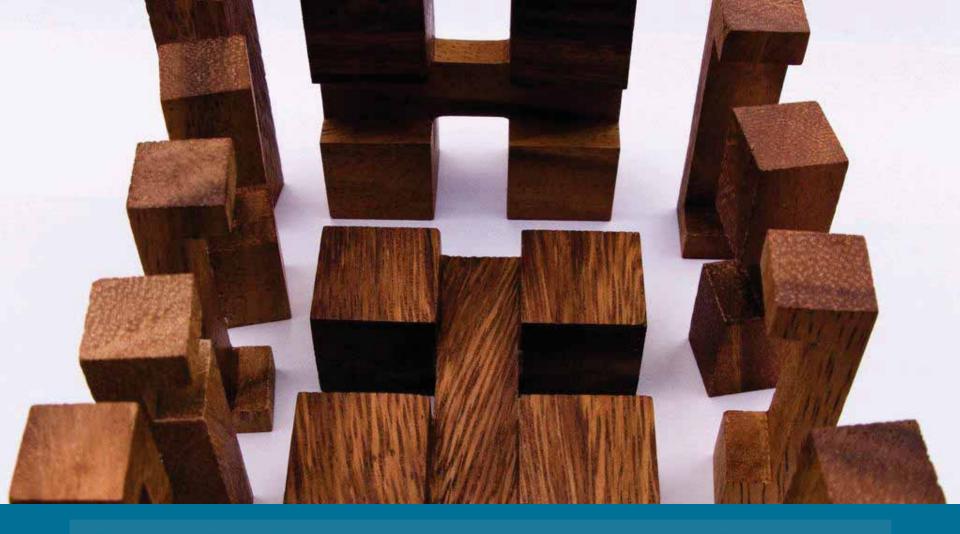


- 1) # of Exam Rooms?
- 2) # of Team Members?

- 3) Virtual Care?
- 4) Panel Size per MD?







How might we design a model of care for Primary Care to better serve our patients & attract new patients?

Why Design Thinking?



"No matter the size of an organization, services tend to be delivered through multiple departments that are designed to support their own operational efficiencies rather than deliver a holistic service experience for the consumer"

Fran Samalionis, Head of service design at IDEO

Purpose: 'Human Centered' Design through empathy



Start Here What is desirable for those patients for whom you are designing? DESIRABILITY VIABILITY FEASIBILITY

What is financially viable?

What is technically and organizationally feasible?





Design Thinking Innovation Approach





Approach & Methodology

- Wide and deep
 - Study full range of stakeholders & goes beyond the conventional consumer
- IDEO's collaborative approach to service design
 - Brings wholeness to inherent fragmentation (in the consumer experience)
- Uncover latent and explicit needs
 - Interview & encourage story-telling to reveal more than facts
 - "Go See" Observe behaviors in the field (context of the process & environment)
- From Ideas to Action
 - Generate creative ideas and bring them to life
 - Rapid Prototyping: Make your ideas tangible, so you can gather feedback from others

4 Questions from Management

- 1) # of Exam Rooms?
- 2) # of Team Members?

3) Virtual Care?

4) Panel Size per MD?

& types of spaces

Roles & interactions within the spaces

Impact of virtual or e-work on spaces

of patients managed per Team

Customer-First Focus: User Research



User Research



 Study full range of stakeholders & goes beyond the conventional 'average' consumer

1/3 'average' –
somewhere in

tart with extreme users.





Our Extreme Users

P D C

Patients:

Well

Chronic

Staff:

Experienced

New Graduate

Physicians:

Team Player somewhere in

1/3 'average' –

Solo Practitioner

tart with extreme users.



Developing Extreme User Interview Questions



Traditional = Closed

How often do you see pcp?

Who is your pcp and how long have you been a patient of theirs?

Would you prefer to wait for your provider or rather see someone else today?

Are you open to a visit on the phone, video, or email?

How do you feel about sharing work space with others vs. private office?

When your doctor is out of the office is there someone to help you? If so, who?

Design Thinking = Open

What can providers do to make you feel understood, heard, and cared for as a person (not just a patient)?

What should your role look like in an ideal process to carefor your patients?

How do you envision your role in the process of receiving care?

Describe scenario where you would be comfortable having a colleague see your patient or even conducting the 'visit' virtually (eg phone, email. Chat, etc).





Open Specific

Go Broad

Probe Deep



Extreme User Interview ☐ Assign interviewer roles: Interviewer: Note-taker/visual capturer/time keeper: Sample questions are provided below, select and circle most appropriate questions for the participant Your questions should flow smoothly as you go from specific to broad to deep The interview should only be 20 - 30 minutes, so you'll need to manage your time to ensure you're able to probe deeply Are you able to fill out the 'Interviewee Profile' before your interview? After your interview, fax this packet and your notes to: XS1472 (or external) Patient (& family) Participants Staff & Providers Participants Open Specific: Warm up the participant with questions they are comfortable with (e.g. demographics, role in process, stories of recent past) Name, history as ABC patient (as comfortable) - who is 5. Name, role, how long at ABC your PCP & how long have you been a patient of theirs? 6. Tell us what you know about Care Team Model? Have you ever heard of a care team approach in 7. How have you been involved in care or service of Primary Care? What do you know about it? patients using a care fearn model in recent past at ABC? When was your fact visit (how often do you see your II. What colleagues & support staff are on your team? PCP)? Reason for visit? How did if go? 9. Share stories that stick out in your memory (what went Share stories that stick out in your memory (what went well, what dain't, insights) well, what didn't, imights! Go Broad: Prompt bigger, even aspirational, thinking that they may not be accustomed to on a daily basis (e.g. Aspirations for the future & System-based questions) 10. What can providers do to make you feel understood, 14. What does ideal care look like -- imagine no constraints? heard, and cared for as a person (not just a patient)? 15. What should your role look like in an ideal process to 11. How do you envision your role in the process of care for your patients? receiving care from your PCP? 16. How can you make patients feel understood, heard, and 12. What should care look like for a patient needing care cared for as a person (not just a patient)? from their PCP? 17. If you could charge one thing in the health care system, 13. If you could change one thing in the health care system, what would it be? what would it be? Probe Deep: Dig deeper on the challenge at hand & prompt with 'what if' scenarios (e.g. Questions specific to innovation challenge & sacrificial concepts (about risk, guarantees, trade-offs, future behaviors)) 18. What if you were in a situation where you had the 22. What concerns/issues do you hear from patients about choice to come in for a 'routine' visit or stay home/work (via phone, video, chat, email, etc) to 23. Do you know when patients are seen by other receive attention of your PCP, which would you prefer? providers? How do you feel about this? 19. How do you feel about seeing another provider (e.g. 24. How do your different 'types' of patients determine how PCP or an Advanced Practitioner) sooner vs wait for you spend your time/how you care for the patient? your PCP to be available? Does your response vary if it 25. Describe scenario where you would be comfortable is for a physical, urgent need, ongoing less acute issue? having a colleague see your patient or even conducting the 'visit' virtually (eg phone, email. Chat, etc).



	Patient (& family) Participants	Staff & Providers Participants	
Legender - David	Open Specific: Warm up the participant with questions they are comfortable with (e.g. demographics, role in process, stories of recent past)		
5-7 min. Choose 2 questions (circle)	your PCP & how long have you been a patient of theirs? Have you ever heard of a care team approach in Primary Care? What do you know about it? When was your last visit (how often do you see your PCP)? Reason for visit? How did it go?	 Name, role, how long at ABC ? Tell us what you know about Care Team Model? How have you been involved in care or service of patients using a care team model in recent past at ABC? What colleagues & support staff are on your team? Share stories that stick out in your memory (what went well, what didn't, insights) 	





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Patient (& family) Participants

Staff & Providers Participants

Probe Deep: Dig deeper on the challenge at hand & prompt with 'what if' scenarios (e.g. Questions specific to innovation challenge & sacrificial concepts (about risk, guarantees, trade-offs, future behaviors))

- 18. What if you were in a situation where you had the choice to come in for a 'routine' visit or stay home/work (via phone, video, chat, email, etc) to receive attention of your PCP, which would you prefer?
- 19. How do you feel about seeing another provider (e.g. PCP or an Advanced Practitioner) sooner vs wait for your PCP to be available? Does your response vary if it is for a physical, urgent need, ongoing less acute issue?
- 20. If we could provide appropriate medical care with no out of pocket (or minimal) expense to you, would you prefer that over a face to face visit with a co-pay?
- 21. Have you been in the hospital, urgent care center or emergency room in the last year? Did you speak with your PCP before or after?

- 22. What concerns/issues do you hear from patients about their care?
- 23. Do you know when patients are seen by other providers? How do you feel about this?
- 24. How do your different 'types' of patients determine how you spend your time/how you care for the patient?
- Describe scenario where you would be comfortable having a colleague see your patient or even conducting the 'visit' virtually (eg phone, email. Chat, etc).
- 26. What if you only cared for the most complex patients (ask PCPS) or the simplest (ask APs), how would your work be affected? What are your concerns? What are your ideas on how this can be better?
- 27. What are the opportunities to streamline care and reduce waiting (either for an appointment or once patient arrives onsite)?
- 28. What questions do you get from patients about their care? Are you able to address them? What resources would help?

29 interviews in 4 days



Profile

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Lean Transformation

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Protile

· Complex chronic illness · BMT, GUHD, DMII etc.

· Strong connection to provider "Professional partiant who

workarounds + Adaptations



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my Insights

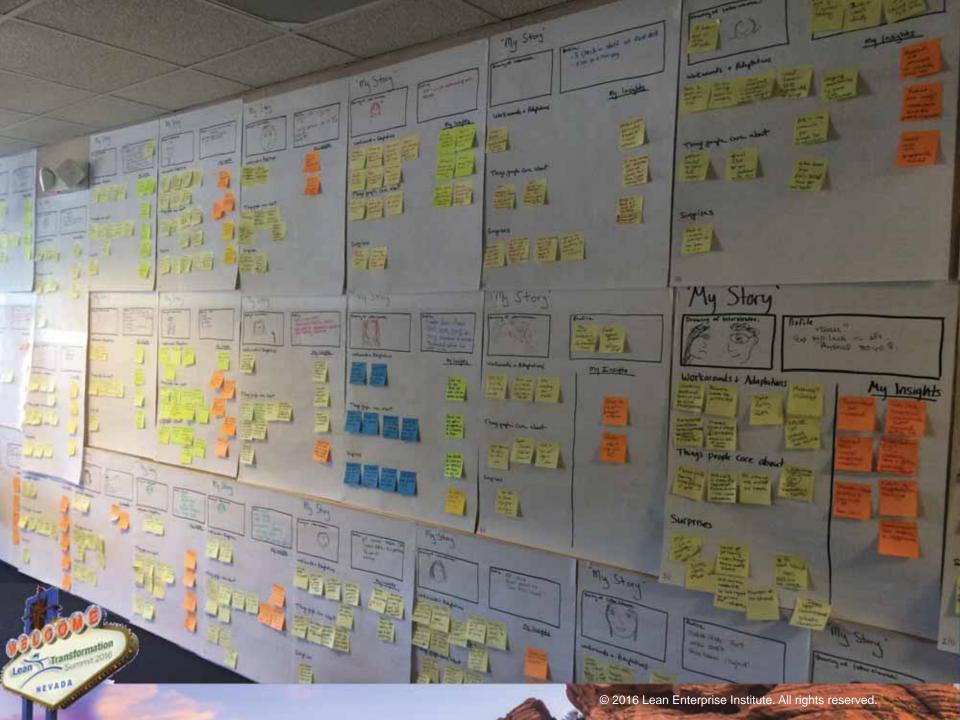


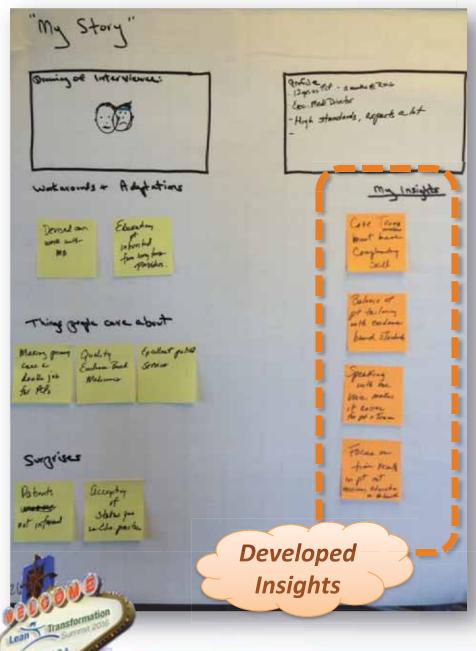
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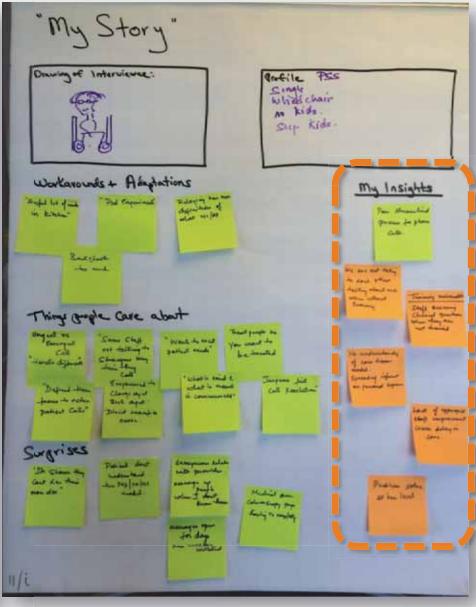
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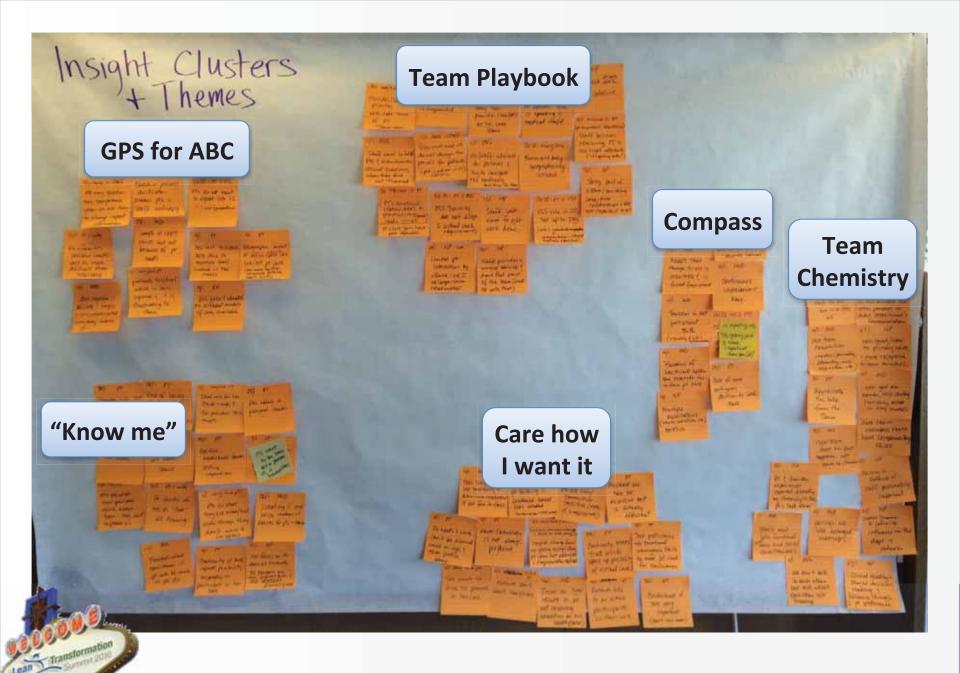


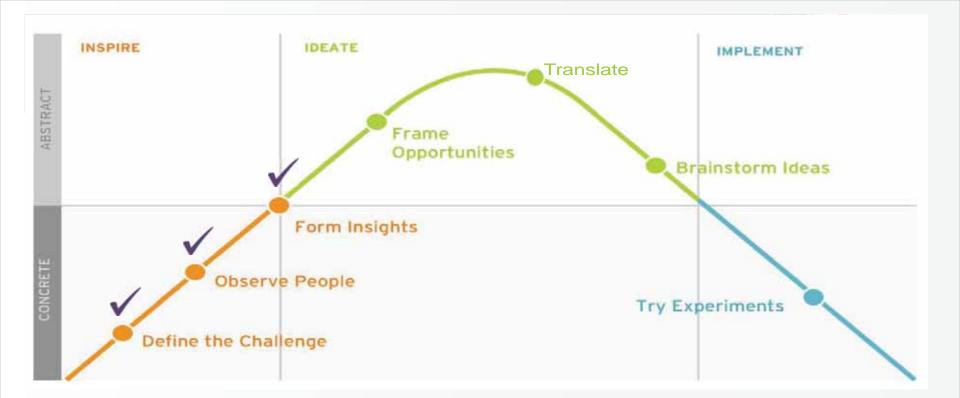


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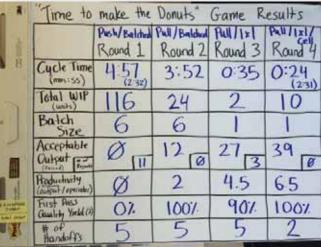
















Learn & have fun!

Time to Make the Donuts



- Flow
- 1x1
- Pull
- Cell
- ERACS
 - > Eliminate
 - > Rearrange
 - > Add
 - > Combine
 - > Simplify



Why Lean Thinking?

3P: Production, Preparation, Process

Optimize the production or service system to deliver better quality, on demand, at an affordable cost



Gather

- Interviews
- Gemba

Synthesize

- Insights
- "How might we..."s (what stakeholders want)

Inform & Inspire

- Natures "cool modes"
- VA High Touch Points

Design 1 Conceptual

• Big Ideas

Design 2

Functional

- Macro Processes
- Team member roles & responsibilities
- Introduce spatial & proximal relationships

Design 3

Full scale prototype

- Test macros, R&R's, spatial/proximal
- Simulation/in vitro
- Inform micro processes
- Refine spatial/proximal

Design 4

Model Cell

- All functions, roles, micro processes
- ID gaps
- Test in vivo with day to day real challenges



Conceptual Design

First level translation
Customer insights to Big Ideas

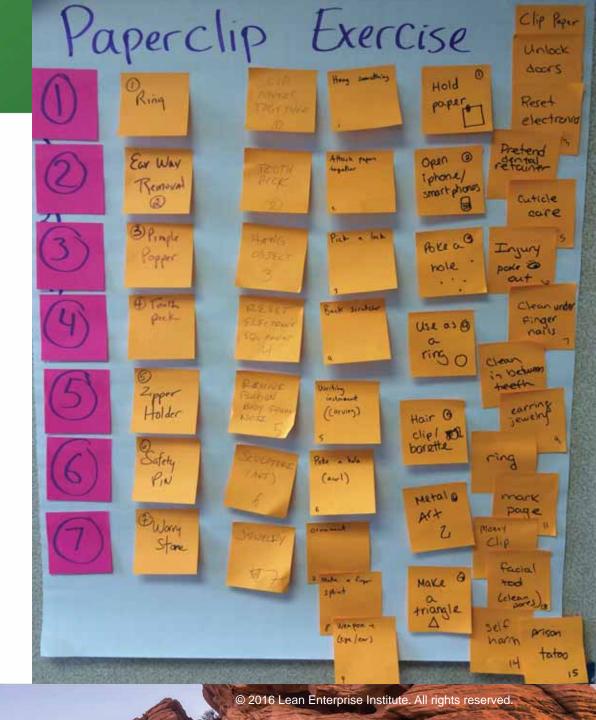


Game Time!7 Ways: Paperclips



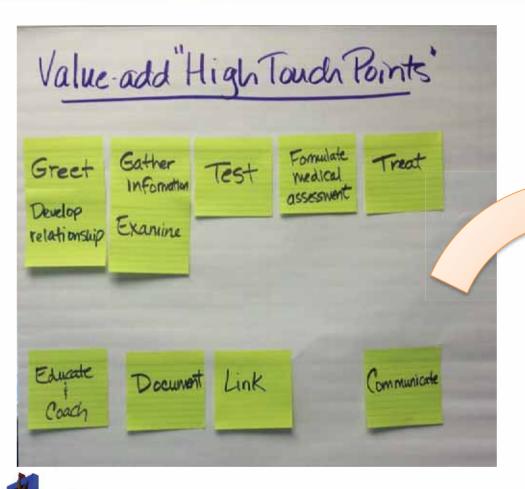
- Directions (5 min):
 - Come up with 7 ways to use a paperclip
 - Work individually
 - Draw your idea
 - 1 idea per box
- Share with your table your 'most interesting' idea
- Reflection:
 - Why 7?
 - What was your "most interesting" idea?
 - At what point was it hard to come up with another idea?

7 Ways: Paperclips





Core Functions within Primary Care



Transformation 2016

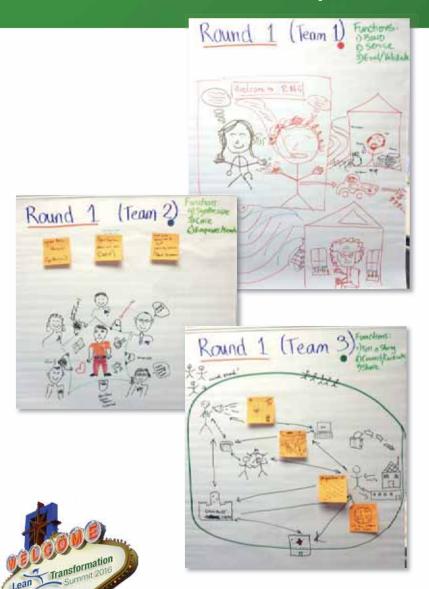


7 Ways in Nature

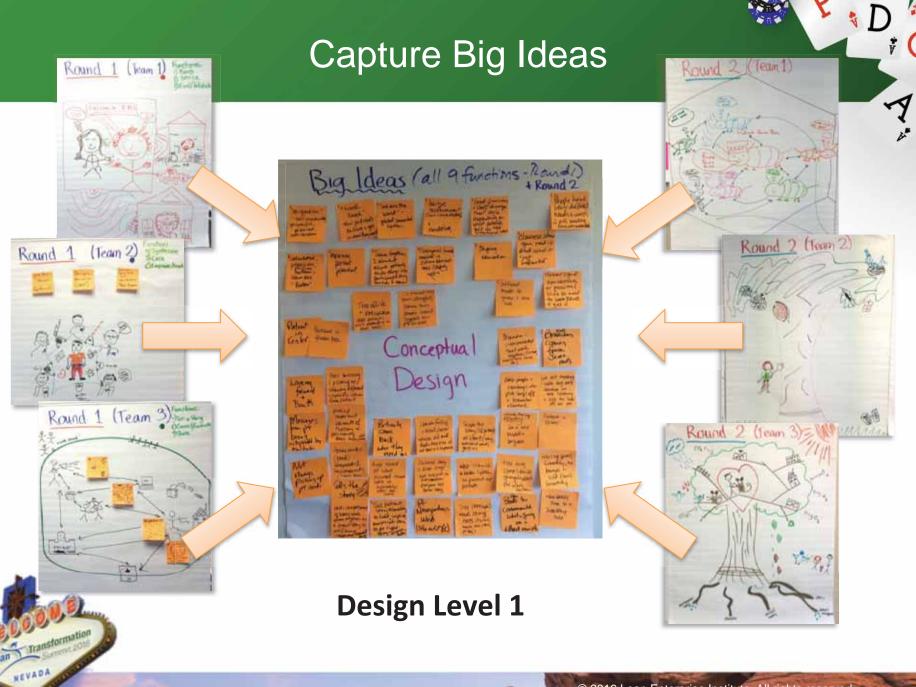




'The Whats' - Inspired by Nature









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Functional Design

Macro Process

Team member roles & responsibilities Introduce spatial & proximal relationships





Exercise: Design Challenge







Our 1st Design Challenge

™ Challenge

- 18 minutes
- Build the tallest freestanding structure with the marshmallow on top











Team Front Line









Management



...and the winning team!





Functional Design Exercise

Design at a concrete tevel the: HOW! Will

With you team:

O Construct a 3D tabletop to meet the 'Design Challunge'

* Encapsulate the big ideas

* Define Macro Processes

* Team Member Roles + Responsibilities

* Introduce spacial + Proximal relationship thinking







From Concept to 'How & Who'







From Concept to 'How & Who'







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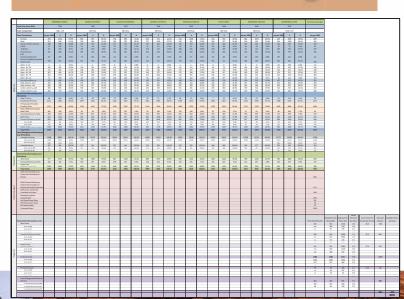
Full Scale Prototyping & Simulation

Test macros, Roles & Responsibilities, spatial/proximal
Simulation/ in vitro
Inform micro processes
Refine spatial/proximal

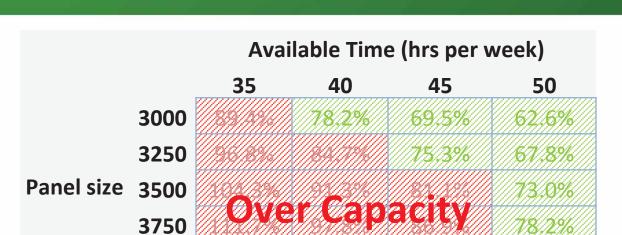
Physical, process and data simulation



Data Modeling



Supply & Demand Methodology



4000

	Decre	ase Panel	Managem	ent by:
r	10%	20%	30%	40%
3000	69,5%	67.0%	64.5%	62.0%
3250	75.3%	72.6%	69.9%	67.2%
Panel size 3500	81.1%	78.2%	75.3%	72.3%
3750	85,9%	83,894	80.6%	77.5%
Transformation 4000	UVe	r Cap	acity	82.7%

Outcomes: Panel Size # of rooms/ team Cost **Patient Satisfaction** Staff & **Provider**

Satisfaction

4 Questions from Management

nt

- 1) # of Exam Rooms?
- 2) # of Team Members?

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4) Panel Size per MD?

& types of spaces

Roles & interactions within the spaces

Impact of virtual or e-work on spaces

of patients managed per Team

How might we design a model of care for Primary Care to better serve our patients & attract new patients?



Learning Lounge

Key design elements	 Greeted immediately upon building entry Design in value from minute one Tailored/personalized education Invite patient participation in their care Value-added space vs. waiting room
Impact on space	 Centrally located, shared by all teams
Future detail design experiments	 Flow testing Shared resource to coach & educate Human-Centered Design project

Team Space

Key design	_	 Teams co-located to reduce searching & queuing Team room is where value-added work occurs Shared wall with exam rooms 'Real work' happens here – panel management, virtual care (not just volume-based work)
Impact o	on	Shared wall = eliminated hallwaySeparate patient entrance from staff entrance
Future d design experime		 Test leverage & flow possibilities when 2 teamlets work together in a team room Flow testing Determine space configuration details to best support team roles & work processes

Shared MD/AP Panel

Key design elements		 MD/AP supported by ~ 2 nurses, 2 MAs, 2 PSSs
		 Combine capacity for visit
		 Combine capacity for panel management
		 Work and patients don't wait
		o Patients feel RMG 'knows me'
	Impact on	 Shared panel, shared rooms: "first available"
	space	 More efficient use of rooms
		Flow testing
Future deta design experiment	Future detail	Design & test schedule model mix
	design	 Standard work
	experiments	 Process design
		 Model Cell testing
	- T A	

Others...



Pre-Visit Work o Plan & prepare for the patient visit • Information gathering includes clinically Key design appropriate dialogue ("know me") elements • Share profile gathered with provider & team members on day of visit • Private & quiet thinking space needed for phone mpact on work o Reduce time in patient room • Develop detailed processes for both patients who Future detail prefer 'prior to visit' questionnaire vs. pre-visit lesign phone call with nurse o Evaluate & develop Web questionnaire

Top of License		
Key design elements	 Appropriate elevation of each team member role Shift CDM patients from MD/AP to RNs Level work across the entire team 	
Impact on space	Better flow = less stagnation & waiting Space reflects functional needs across care delivery	
Future detail design experiments	o Flow testingo Role definition, testing, refinemento Detailed space design to support flow & roles	

Key design elements	 Not every room needs an exam table Those that do need a mechanism to examine patients might not use a classic exam table
Impact on space	 Cost for patient rooms will be significantly less overall
Future detail design experiments	 Flow testing Iterate through several schedule templates to determine better flow models for patient population for that site Determine what % of patient rooms require an exam table/chair on opening day

Patient Rooms

Key design elements	o 1 Med Lab Tech per site to run most common labs
	 Central lab/Sendout lab to run 'odd balls'
	 1 Med Tech supervisor oversees performance of entire lab system (sites and central)
	 MAs vs. phlebotomists draw bloods at sites
Impact on space	 Lab results completed & provider instructions given during patient visit
	Reduce follow-up visits & rework by all
Future detail design experiments	o Flow testing
	Develop detailed processes
	o Cost analysis

Lab Redesign

Key design elements	Patients flow directly into the patient room Patients don't move – services come to the patients Reduce redundancies
Impact on space	o Instead of a dedicated waiting room per 'module', one centralized Learning Lounge per site
Future detail design experiments	Flow testing Iterate through several schedule :emplates to determine better flow models for patient population for each site

Flow Patients

	One by One Approach
Key design elements	O Eliminate batch approach to work (start by reducing batch size) – e.g. documentation O Recognize that patient visits are just one part of the team's work each session. Provide scheduled time for virtual work, panel management, phone calls from other providers, etc.
Impact on space	o Team room must support the flow of 1x1 work
Future detail design experiments	O Flow testing O Develop detailed processes to support 1x1 work O Determine space configuration details to best support team roles & workflow processes





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- Test in vivo with day to day real challenges



Model Cell

All functions, roles, micro processes
Identify gaps
Test in vivo with day to day real challenges



Model Cell → Model Site Development



- Progress from macro to micro process design through test & iteration using:
 - Real Patients
 - Real Teams
 - Real Space
 - Real Operational Challenges





Resources



- 3P
 - http://www.mwcmc.org/Resources/Documents/02-06-03_Coletta-Earley_Lean_3P_Advantage.pdf
- Design Thinking
 - https://www.ideo.com/work/human-centered-design-toolkit/
 - https://challenges.openideo.com/content/resources
- Marshmallow Challenge
 - http://marshmallowchallenge.com/Welcome.html



Questions?

