Resilience in a Lean Healthcare Journey: —— Using Lean Product and Process Development——— to Redesign Healthcare

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Goals:

- Recognize opportunities to check and adjust
 - Even from efforts that seem like failures at the time.
- Be open to running an experiment
 - With Lean Product and Process Development.
- Gain experience with Humble Inquiry
 - On a challenging real work project

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Means:

- · Stories from the University of Michigan journey
 - Every worker, every day??
 - 2 decades of challenges
 - · Out of the ashes:
 - From Destination Programs to Clinical Design and Innovation using Lean Product and Process Development
- Opportunities for you to reflect
 - Lessons from your project that didn't go according to plan.
 - Practicing Humble Inquiry on challenging projects.
 - · Seeking opportunities to use LPPD principles.

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Agenda

- Reflecting on the Story of Lean at Michigan Medicine (10)
- Reflection/Interaction #1
 - Using Humble Inquiry to deal with troubled projects (15)
- Lean Product and Process Development at Michigan Medicine (20)
- Reflection/Interaction #2
 - Applying LPPD concepts to troubled projects (20)
- Lean Product and Process Development at Trinity Health IHA Medical Group (10)
- Wrap up interaction #3
 - Finishing Line exercise & Q&A (10)
- Total time = 85 mins



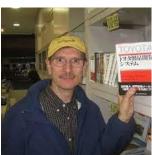
Reflecting on Story of Lean at Michigan Medicine





Lean at University of Michigan Health: A long strange trip.

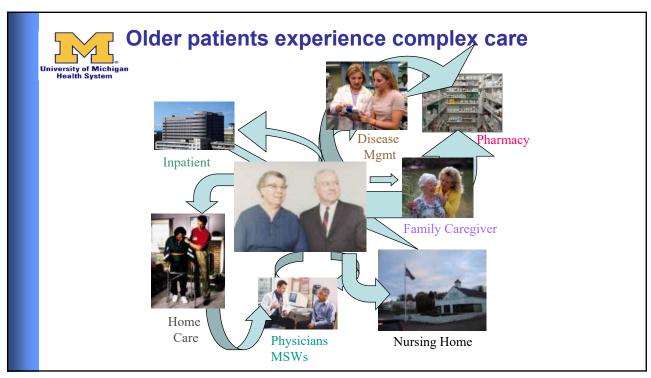




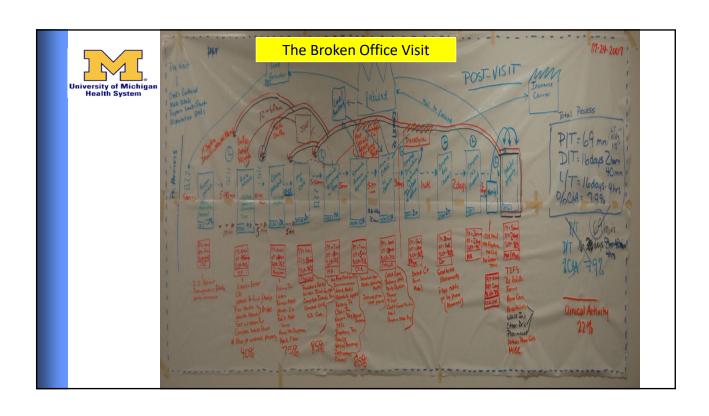


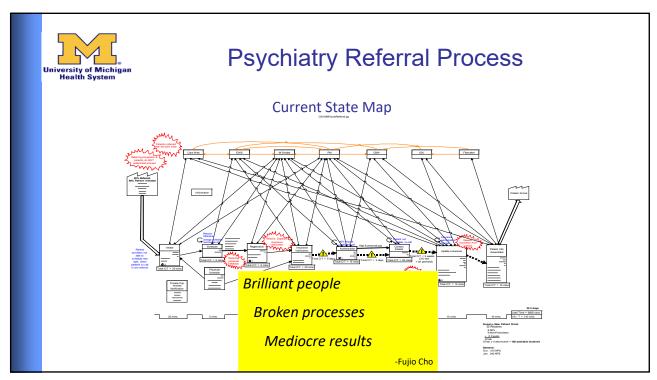
















Advanced Lean??? Help <u>all</u> our people do 4 things <u>every day.</u>

- Do our work every day in a standard way that we created
- · Be alert to things going wrong
- Fix the problem now



Find and fix the root causes of the problem



Modified after Spear



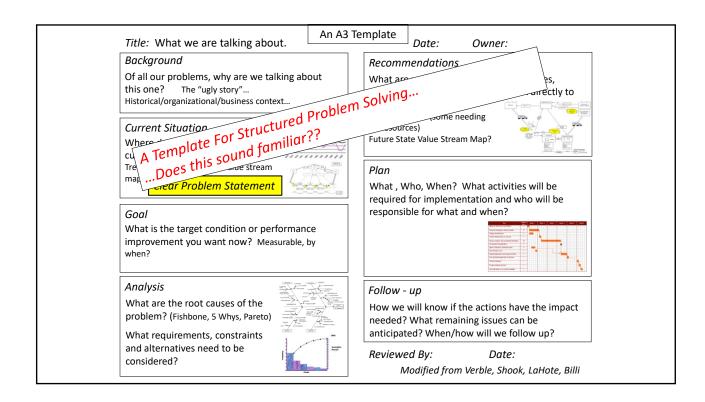
Our <u>Advanced</u> Summary of Scientific Problem Solving:

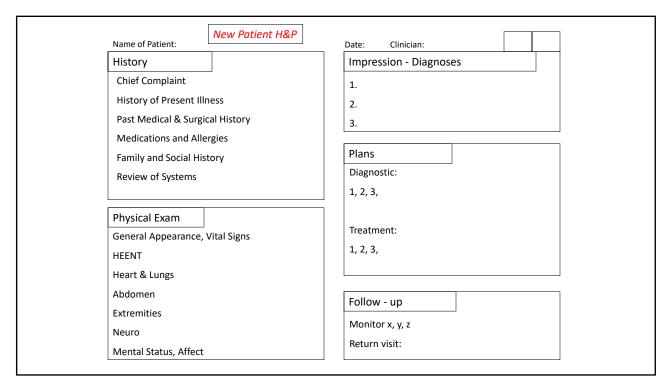


- Go and See
- Ask Why
- Show Respect













What happened along the way?

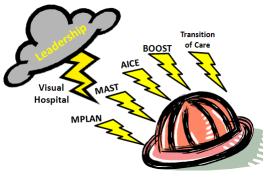
- Everything's broken.
 - Let's train everyone, then they'll fix everything.
- Jack visits the OR...
- · Jack is called into the CEO office...
- Jack goes to an "all coach" meeting with the new Chief Quality Officer...
- Eternal vigilance is the price of freedom...
 - Pt Safety, HRO, Linkages Academy, VMI, PEx
- Award-winning buildings.







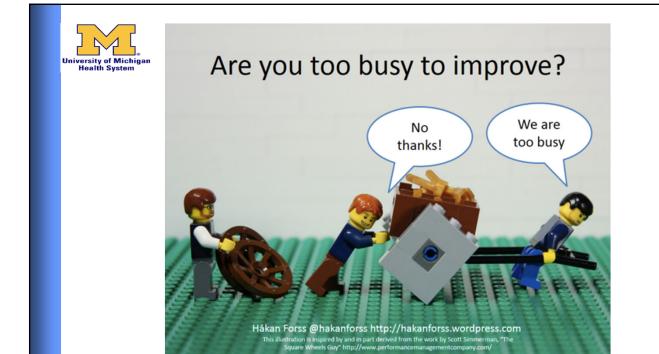




Multiple top priorities...

"The camel can always carry anot

"The camel can always carry another straw..."



















Reflection...



- "We do not learn from our experience. We learn from <u>reflecting</u> <u>on</u> our experience."
 - John Dewey



- "My experience is what I <u>attend</u> to.
 Only those items which I <u>notice</u> shape my mind. <u>Without selective interest</u>, <u>experience is an utter chaos</u>."
 - William James



Interactive Exercise #1 − Opportunity to pivot −
Using Humble Inquiry to explore a challenging project or process

Reflection #1 – Opportunity to Pivot – using Humble Inquiry

- Quick Summary of Humble Inquiry:
 - How do we ask questions that truly help the person?
 - Ask questions in service to the problem owner.
 - Questions that don't remove responsibility from the owner.
 - Open ended questions.
 - Questions to which we do not know the answer.
 - Advice shuts down the conversation: (go do this or don't do this)
 - Coach, don't fix.
- Table exercise: Use Humble Inquiry on a challenging project





Reflection #1 – Opportunity to Pivot – using Humble Inquiry

Half the plans you make are wrong (you don't know which half)

- At your table, one volunteer describes a project that did not go according to plan, went poorly or wasn't completed.
- The others ask open ended questions:

Ask questions to which you do not know the answer.

- · What were goals?
- What was tried? What happened? Why?
- Were there unexpected results or unintended consequences?
- What barriers arose? What adjustments did you make?
- What did you learn?
- What came of it later? How does it look now?
- Were there results that looked bad that turned out to be valuable?
- What did it take to turn those into something of value?
- Total discussion 15min Share what you learned.

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History of Destination Programs

- Goal: clinical programs so good patients fly in for them
- Started OK, first 3 were already good programs
- Leaders wanted rapid expansion: internal RFP, 18 selected,
- Grew too fast
 - Not enough staff support to develop them. Couldn't scale the process.
 - Leaders reluctant to slow down when in trouble.
- Rebooted with new team, back to basics studied true costs of care
- Focus on improving value for episodes of care
- Success in Bladder Cancer and Orthopaedic Joint Replacement
- Clinical Design formulated



Lean Product and Process Development (LPPD) at Michigan Medicine

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Launch of Clinical Design & Innovation

- Focus on Improving VALUE of the Patient Journey
 - Value = Appropriateness x Quality/Cost (V = A x Q/C)
- Replicate success of two Programs:
 - Bladder Cancer Surgery (Readmission Rate)
 - ✓ Standardized pathways for physicians & nurses ✓ Readmission rate reduced by 55%

 - Orthopaedic Joint Replacement (% discharges to Skilled Nursing Facilities)
 - ✓ Created "what to expect when you go home" pathways ✓ Reduced d/c to SNFs from 34% to 9%
 - ✓ Shared expectations "your surgeon wants you to go home" ✓ Reduced LOS from 3 days to < 2days
 - √ Implemented new pain protocol



Launch of Clinical Design & Innovation

- Use frequent, short interactions with Physicians instead of typical three-day workshops
- Assigned two new programs before we finished the first two
- Tasked to Redesign care for 8-12 procedures or conditions/year
- This seemed problematic (and scary) "we can't get through 2
 programs in our 90 min meetings, how will we manage 8?"
- Invited to participate in "experiment" with LEI/LPPD
- Happy to be part of an experiment if I can get help





LPPD Concepts

- "A predictable schedule"
- "You can't manage a secret"
- "It's okay to be red, it's not okay to stay red"
- "Go slow to go fast"
- "Protect the milestones"
- "Avoid traveling hopefully"

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LPPD Experiment

 $MS = OS \times LB$

Management System = Operating System x Leadership Behaviors

OS = "what" we do

LB = "how" we do it

Morgan, J. M., & Liker, J. (2018). Designing the Future: McGraw-Hill, New York, NY



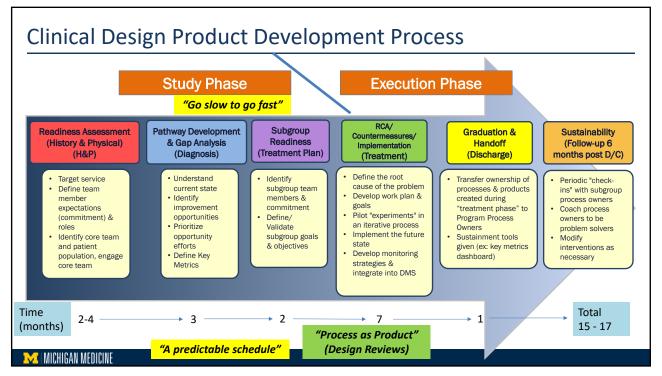
Develop our Operating System McHGAN MEDICINE

Started with a Reflection – "how is it going?"

- Work is taking too long, need to do more programs (reduce Cycle Time, add capacity)
- Difficult scheduling work sessions with participants
- CDI Team meets weekly for 90 mins to review programs, but can't get through 2-3









Operating System: Obeya and Weekly Standups MICHIGAN MEDICINE

LPPD Experiment – Obeya and Standups

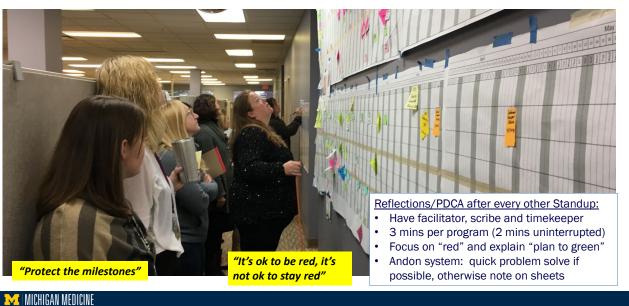
- Find a space
- Make the work visual (don't over think this)
- "Just get started"
- Manage the work (alignment, escalation process, focus on problem solving, not "status updates")

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Obeya and Standup v1.0

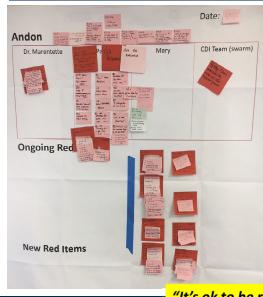
"You can't manage a secret"

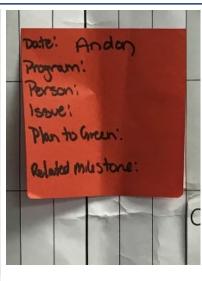






From Red Dots to Red Cards





- Red dots hearing the same story each week
- Red Card write out the issue and list "plan to green"
- Try to get to green for 1-2 weeks then escalate
- Avoid "traveling hopefully"
- Learn other people's work (by respectfully asking why, how & when, and document glide path timing

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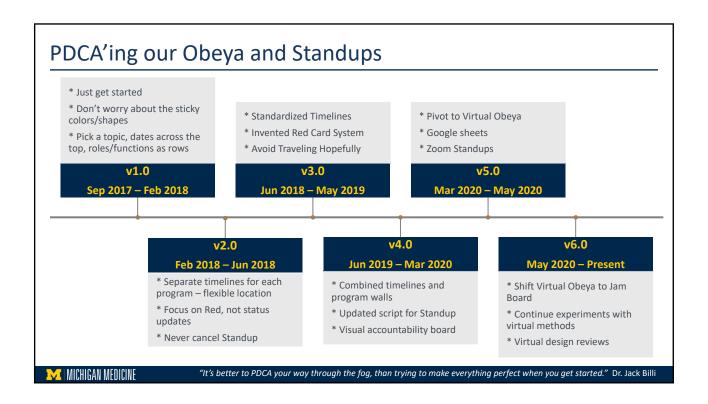
"It's ok to be red, it's not ok to stay red"

Red Card Pareto



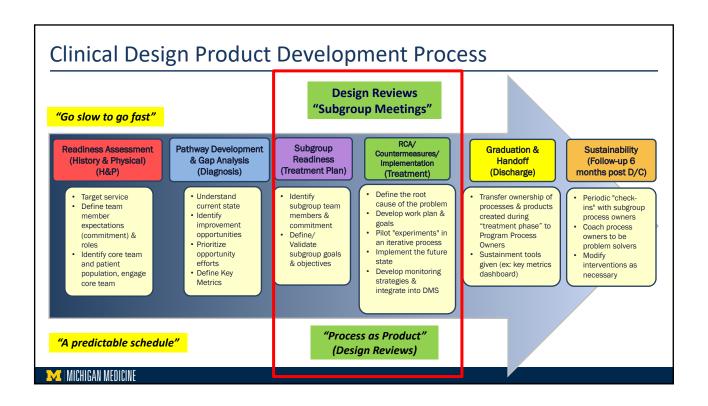
- Move to pareto after "get to green"
- Keep track of common Red Card themes
 - Scheduling
 - Data
 - Approvals external to program
 - Leadership or ID next step
 - Competing priorities related to timing
 - Program delays or follow through

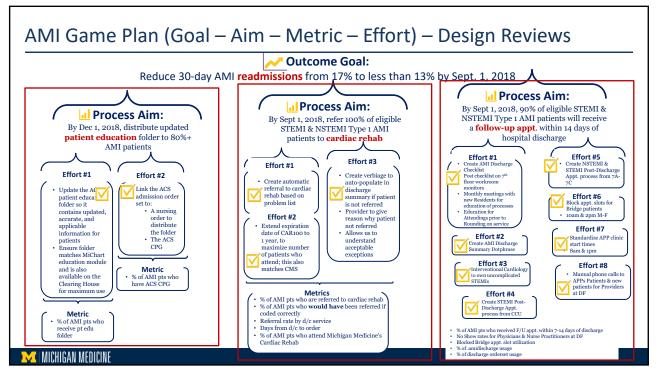






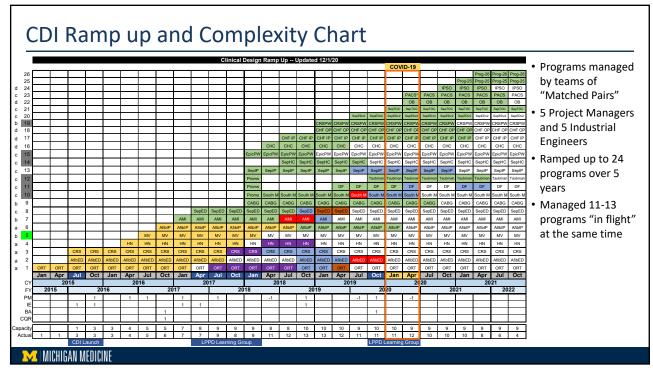






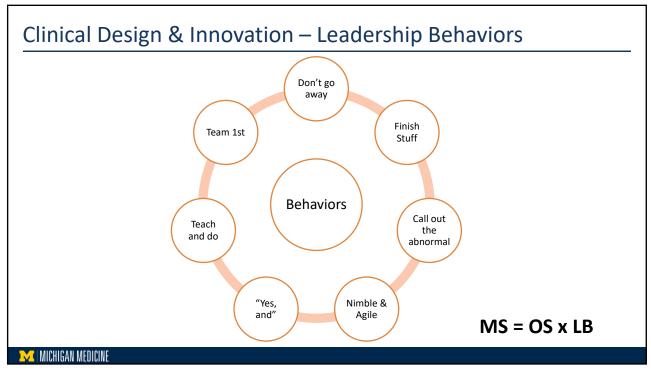


AMI Readmission Rates - FCVC Dashboard Updated: 06/3/2019 FRANKEL CARDIOVASCULAR CENTER FY19 Q2 FY19 Q3 Cardiovascular Medicine Outcomes 30 Day Readmission Rates by dx or procedure Heart Failure - 30 day readmission rate T. Koelling 74 75 69 AMI -30 day readmission rate* .7% A. Stein 94 97 93 Unscheduled readmit to any DRG w/in 30 days - Cardiology * Measures are publicly reported. Sites include Hospital Compare, UMHS Quality and Safety, Society of Thoracic Surgeons, and Leapfrog Group Achieved or exceeded Target Improved from previous value but did not achieve Target Declined from previous value and did not achieve Target CONFIDENTIAL QA DOCUMENT OF THE UMHS. Unauthorized disclosure is absolutely prohibited. This document is protected from disclosure pursuant to the pro MCL20175;MCL333.21513;MCL333.21515;MCL331.531;MCL331.533, or such statues that may be applicable. MICHIGAN MEDICINE











Interactive Exercise #2 – Applying Lean Process and Product Development (LPPD) concepts to troubled projects

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Reflection #2 - Opportunity to Run an Experiment and try LPPD Concepts

- What are the elements of a good experiment? (baseline, hypothesis, plan to reflect and collect learnings, plan to spread the learnings, data collection strategy, clear intervention with timeline, clear understanding by participants,)
- How do you work on projects that fall behind, or don't seem to get traction? (or you don't know if you're ahead or behind?)
- Why do you think this happens?
- What countermeasures have you tried to overcome this? (or could try?)
- Has anyone given you a completion date, only to change it or say they won't meet it the day it's due?
- Has anyone told you their work will be "done," only to tell you that "that was just 'a phase' of the work" forcing you to ask them when will it be "done, done?"
- How can LPPD Concepts help with these failure modes?



Reflection #2 - Opportunity to Run an Experiment and try LPPD Concepts

- Split into 2-3 groups at table. One describes a project that was challenging or "failed" due to unclear expectations, timelines, or milestones, or not knowing if you're ahead or behind.
- Discuss if LPPD concepts and behaviors could help:

Can't manage a secret.
Shared timeline.
OK to go red, not to stay red.
Protect the milestones.
Team first.
Teach and do.
Don't go away.
Finish stuff.

- Cadenced reviews.
- Call out the abnormal.
- Visual management.
- Nimble and agile.

- Go slow to go fast... - Yes, and...

Total discussion 10min. Share what you learned

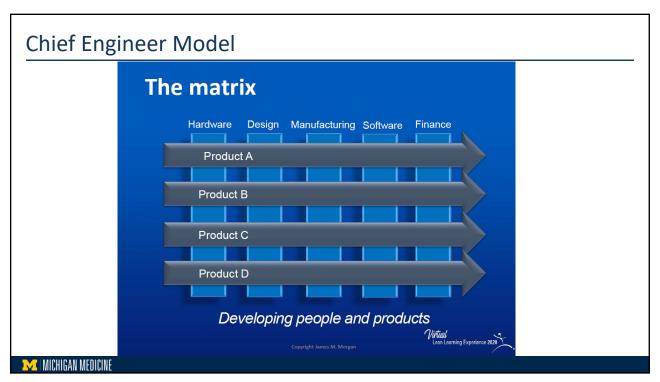
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LPPD Concepts Actually Work – Starting again at Trinity Health IHA Medical Group





LPPD Experiment at IHA **Build a Project** Cohoctah li 2 Clarkston FM Management Process and Team Rochester Hills Focus on Growth (Moves, Livingston Family Medi. Satellites, Transitions, New Sites, Acquisitions) **Across four Divisions** (OB/Peds, Primary Care, Surgery, Medical Specialties) sharing the Detroit same Central Resources





Shared Resources													
IT EMR	Credentialing	Facilities	Finance	Marketing	HR	Compliance Risk	Clinical Operations	Call Center	Quality	Population Health	ВІ	Care Management	
	Projec	ct 1 – Pe	diatrics									\	
	110,0		<u>aratrics</u>									$\overline{}$	
	Proje	ct 2 – Su	rgery										
	Projec	t 3 – Prim	ary Care										
	Project	ct 1 _ N1	ndical Sn	ecialties									

LPPD Concepts & MS = OS x LB

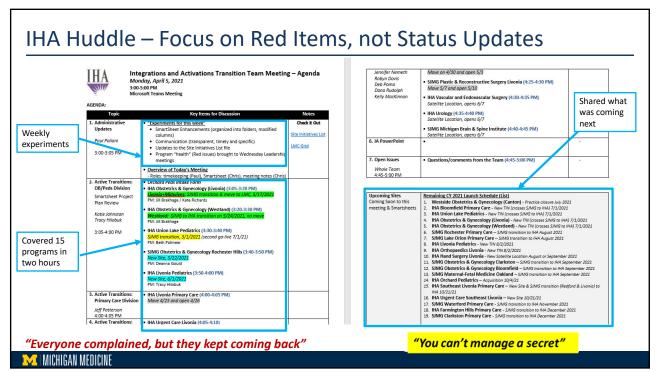
- "A predictable schedule"
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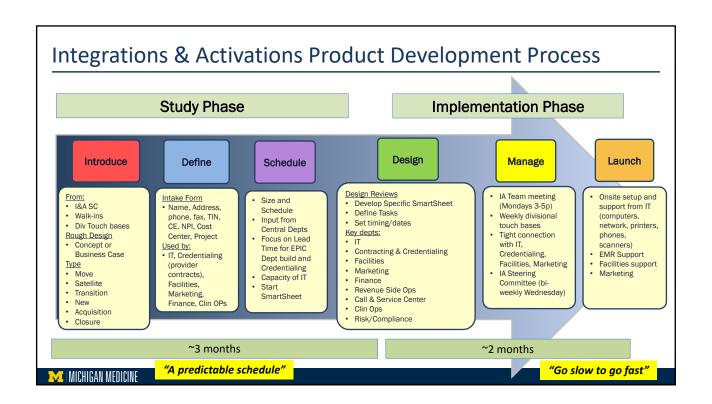
LPPD Experiment at IHA – Develop an Operating System

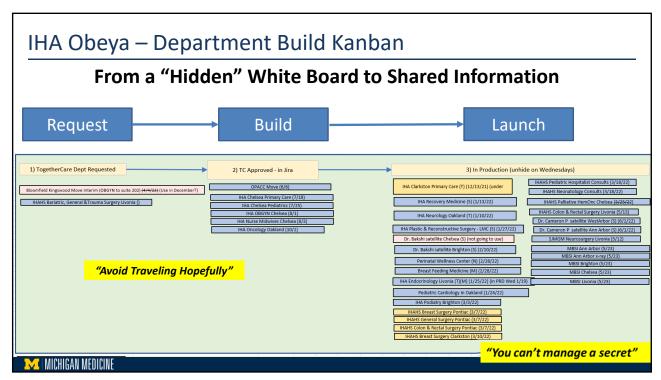
Started w/ a reflection – "how is it going?"

- Lack of Communication
- No long-term planning
- It was normal to delay projects ("you mean we are really going to do this?")
- Traveling Hopefully ("everything is ok, until it's not ok")
- Weekly huddle (lasted two hours, but only able to handle 2-3 programs)

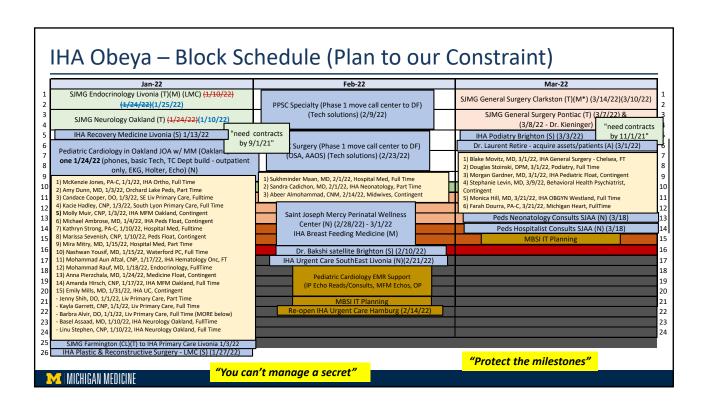


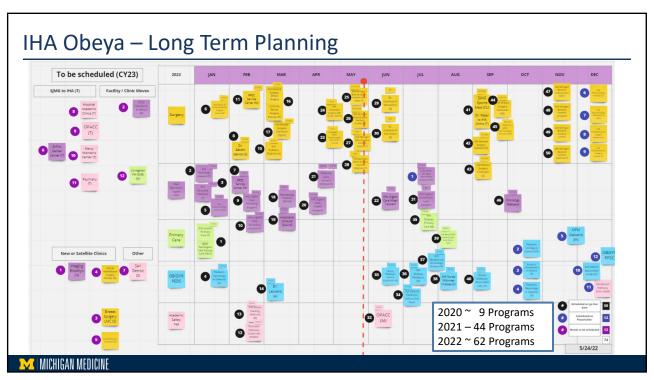






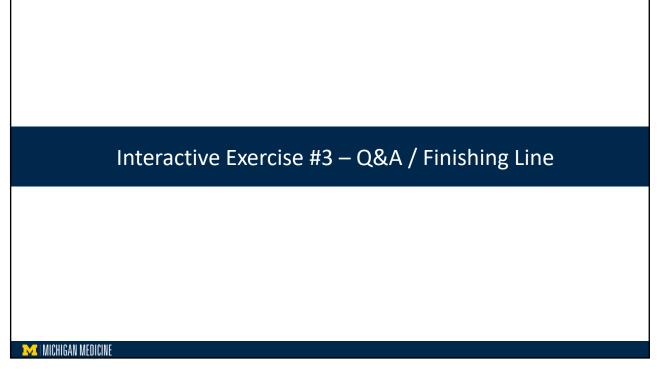








Develop Behaviors Consistency Safe to raise issues Respectfully asking "why" or "how" Transparency PDCA ourselves One Team One Team Culture Consistency - Transparency PDCA ourselves Consistency - Transparency Culture You can't manage a secret Avoid traveling bapefully Avoid traveling bapefully





Reflection #3 – The Finishing Line

We learn from <u>reflecting on</u> our experience.

- Discuss at your table:
- 1. What was your biggest surprise, biggest Ah-ha?
- 2. What will be *your* biggest challenge going forward?
- 3. What do you need to know *more* about? What do you want to practice more?
- Share your reflections.

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Final reflections









End of Workshop Wrap-up

- Questions?
- Comments?
- Reactions?
- Plan to try anything different now?

